

Location: Four County ADAMhs Board

"Depression is Treatable, Suicide is Preventable"

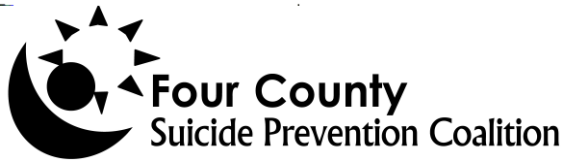
February 22, 2018 Meeting Minutes

www.4countysuicideprevention.org

Present: Tonie Long (Four County ADAMhs Board); Karen VonDeylen, Alma Cerda, Kathy Helmke, Gaby Hawkins (Intern) (Four County Family Center/CCC); Deb Weirauch (Fulton County Health Dept); Patsy Miller (Bryan Area Health Education Center); Tante Lovins (United Way Fulton County); Holly Wichman, Cassandra Santen (Intern) (IEC); Sam Manz (Defiance High School); Susan Shanks (Patrick Henry Schools); Mari Yoder (Fairlawn)

<u>Issue</u>	<u>Discussion</u>	<u>Action</u>
Karen opened the meeting with introductions, and reminding the members that the Coalition minutes can now be found at www.4countysuicideprevention.org . The minutes from January 25, 2018 meeting were approved with no changes.		
<u>Old Business</u>		
General Financial Report: Kathy H., Tonie L.	General Fund: <ol style="list-style-type: none"> 1. Kathy reported that since the last financial report, there were 6 expenses paid from the general fund: <ul style="list-style-type: none"> • \$100.00 Wal-Mart Gift card for LOSS Supplies • \$200 Marcos Gift Card for LOSS Team Meals • \$42.74 for reimbursement to Tonie Long for LOSS Team Meals • \$54.21 reimbursement to Tonie Long for LOSS Team Meals • \$6.99 reimbursement to Tonie Long for LOSS PCP Visit • \$86.36 reimbursement to Tonie Long for LOSS PCP Visit 2. Tonie informed the coalition that there were expenses previously reported as paid, where the provider has yet to receive the payment. This included payment for the printing of the Blue Cards for \$114.01 reported as paid in December 2017. The funds had been requested to be paid, but had not yet been received. Tonie will monitor the situation and report back to the coalition. 	<ol style="list-style-type: none"> 1. Coalition General Fund Balance: \$1,653.96
Mental Health 1 st Aid: report by Karen V.	<ol style="list-style-type: none"> 1. Karen reported that there were 2 trainings completed in February 2018 as follows: <ul style="list-style-type: none"> • 02/02/2018 & 02/09/2018 Adult MHFA for Defiance College, with 13 participants completing the course. • 02/21/2018 Youth MHFA for Defiance County United Way, with 20 	<ol style="list-style-type: none"> 1. Karen will continue to update the members on MHFA trainings.

The mission of the Four County Suicide Prevention Coalition is to increase awareness, decrease stigma, and increase people's ability to seek help aimed at suicide prevention.



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	<p>participants completing the course.</p> <p>2. There are currently 2 trainings scheduled as follows:</p> <ul style="list-style-type: none"> • 1 Adult MHFA scheduled for 03/02/18 & 03/09/2018 for Northwest State Community College • 1 Youth MHFA scheduled for 04/18/2018 for NAMI 	
<p>LOSS update: Tonie L.</p>	<p>Activity since 01/25/2018 (last meeting):</p> <p>1. Tonie reported that there had been no known suicides in the 4-county area since the January 2018 FCSPC meeting. Tonie reported that small municipalities continue to be a challenge due to fluctuating and part-time officers, so the LOSS volunteers organized a cookie and information delivery during their February, 2018 meeting.</p> <p>2. Tonie also informed the group that she will be participating in 3-part training on using the resource material recently received from the Ohio Suicide Prevention Foundation. The training will focus on the book, "Companioning the Mourner"</p>	<p>1. Tonie will continue to update the Coalition members regarding LOSS activity.</p>
<p>Update on School based Prevention: Alma C., Tonie L. (for Bethany S.), Patsy M.</p>	<p>1. Alma C. from FCFC reported that she presented SOS at the following Schools:</p> <ul style="list-style-type: none"> • Edon HS - 21 students served, 5 students scoring 4 or higher on the screen, 2 students were determined to be at-risk for suicide, with 1 student help-seeking. • Edon Middle School - 17 students served, with 0 students help-seeking. • Stryker HS - 28 students served, 6 students scoring 4 or higher on the screen, 2 students were determined to be at-risk for suicide, with 2 students help-seeking. • Stryker Middle School - 26 students served, with 4 students help-seeking. <p>2. Tonie Long read the report from Bethany S's of MVGC as follows:</p> <ul style="list-style-type: none"> • Bethany will serve 9th grade students at Fairview High School on February 22nd & 23rd 2018. 	<p>1. Bethany S and Alma C will continue to provide SOS and other youth prevention/education service to area students.</p> <p>2. Bethany and Alma will continue to report out prevention activities to the coalition.</p>



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	<ul style="list-style-type: none"> • Bethany will serve 9th grade students at Defiance High School on February 26th & 28th 2018. • Bethany will serve 7th & 8th th grade students at Ayersville Middle School on March 1st & 2nd 2018. • Bethany will serve 7th & 8th grade students at Tinora Middle School on March 12th & 13th 2018. <p>3. Holly Wichman stated that schools that have had SOS in the past have had difficulty getting the parents of those identified as being at-risk for suicide to follow through on referrals for services. Coalition members who work in the schools recognized this as a familiar concern. Suggestions included:</p> <ul style="list-style-type: none"> • A mental health parent night • Preparing the youth in how to share needs with parents. <p>4. Patsy Miller reported on Act Out. The troupe arrived to perform for the Williams County schools, but the area was experiencing significant fog which resulted in a delay and a cancellation. The program was provided as follows:</p> <ul style="list-style-type: none"> • A morning performance of Act Out was provided for Edon and Edgerton Schools, and an afternoon performance was provided to the students at Montpelier and North Central Schools on 02/14//2018 • Both the morning and afternoon performance on 02/15/2018 had to be rescheduled. The troupe is planning to rerun to the area in April, 2018. They will not be overnight, so additional hotel costs will not be incurred. <p>5. Tonie Long updated the coalition members on the challenges that were encountered with regard to seeking funding through the NWO Educational Service Center to provide Act Out in Fulton, Henry and Defiance counties. Tonie reached out to Kerri Gearhart at the NWOESC, who agreed to provide \$4000 in funding for Act Out. Due to pending changes, Four County Family Center could not manage these funds for the coalition as they have in the past. The ADAMhs Board also could not accept funding from the NWOESC, to then provide payment to the ACT Out program. Finally, the NWOECS was unable to allow the ACT Out program to bill them directly in order to access</p>	<p>3. Patsy will update the coalition on the rescheduled performance, and will share the outcomes with the members when available.</p>
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	<p>the funding that they had offered. The result was that Defiance, Fulton, and Henry counties would not receive Act Out in 2018. Tonie reminded the members that the program was a part of the strategic plan through 2019. Options for the next school year would be reviewed.</p>	
<p>MIMY ad hoc – Tonie L.</p>	<ol style="list-style-type: none"> 1. Tonie reported that since the January 2018 meeting, Targets have been distributed to all of the sheriff departments in the Four County area. The Suicide Hotline targets will be distributed to all individuals seeking a conceal-carry gun permit, which are issued by the local sheriffs. 2. Tonie reported she is continuing to reach out to area firearms retailers to encourage them to partner with the coalition, by offering suicide prevention materials to their customers. She also informed the members that she was revisiting those sporting clubs in the area that had initially declined her offer to present information on suicide and guns to their membership at large. Tonie stated that she was hopeful that the newly developed partnerships in the community, along with the practice targets, would remove any concern the organizations may have regarding the coalition’s motivation for partnership. 	<ol style="list-style-type: none"> 1. Tonie will continue to reach out to appropriate organizations in an effort to target suicide among middle aged males. 2. Tonie will continue to report to the coalition
<p>PCP Presentations – Tonie L</p>	<ol style="list-style-type: none"> 1. Tonie reported there was a PCP presentation scheduled for this afternoon, 2/22/2018; at Mercy Clinic in Defiance Ohio Tonie will co-present with Jen Casertano from the Defiance Health Department. Tonie will encourage screening, while Jen will discuss drug and alcohol issues, including available treatment and the link to suicide. 2. A second presentation was given to the staff and providers at the Napoleon Clinic on 2/7/2018. Tonie presented information on screenings, suicide rates, LOSS, and the coalition at 2 times slots, in order to accommodate the group. 3. Tonie was happy to report that she had had a telephone conversation with Jessica Parrish, office manager at Hicksville Community Memorial Physicians. There are more than 100 staff and providers in the group, which presents a challenge. Tonie was currently working with Jessica to determine the most 	<ol style="list-style-type: none"> 1. Tonie will continue to reach out to PCP providers in order to encourage early screening and assessment. 2. Tonie will continue to report to the coalition

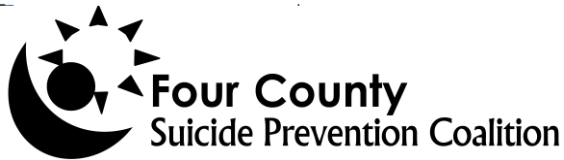


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	efficient manner to present the information.	
2018 OSPF Mini Grant-Tonie L.	<ol style="list-style-type: none"> 1. Tonie informed the members that the Ohio Suicide Prevention Foundation mini-grant had been submitted. Due to limitations put in place by OSPF, the grant was submitted requesting \$500 for supplies that support the LOSS Team, including a phone that will support a transition away from 2-1-1 as the LOSS Team on-call go-between. Tonie shared with the members that by having a cell phone that could be carried by the on-call person, the barrier between the team and law enforcement would be removed. This is anticipated to improve the percentage of call-outs for the team, and to increase the accuracy and availability of information about the death and family situation that the team receives prior to arrival. 2. Tonie informed the members that the second part of the funding request was for \$500 for materials that will be provided to the newly bereaved by the team during and after a LOSS call. 	<ol style="list-style-type: none"> 1. Tonie will update members on the approval process.
<u>New Business:</u>		
Coalition Funding Needs - Tonie L.	<ol style="list-style-type: none"> 1. Tonie discussed the need for the Coalition to explore alternative sources of funding. She stated that while the OSPF grants were appreciated, the group had a need for more flexible funding. Tonie suggested that the group explore the possibility of a golf scrambles as a potential awareness-fundraising opportunity. <ul style="list-style-type: none"> • Mari Yoder suggested that this may not be the best option. Many groups were now running golf tournaments, and that they were not all well supported. Mari recommended that the group reach out to local service groups such as Lions Club, Rotaries, etc. • Mari Yoder and Patsy Miller also encouraged the membership to consider acquiring their own 5013c. Tonie Long agreed to discuss the possibilities with Rob Giesige, Director of Finance and Administration for the ADAMhs Board. 	



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<u>Announcements/Discussion</u>	
Kathy Helmke	Kathy announced that Four County Family Center and Comprehensive Crisis Care would cease agency operations as part of the larger closing of Family Service of Northwest Ohio. Kathy Stated that the closing would be effective April 30, 2018.
Tonie Long	Following Kathy Helmke's announcement of the FSNO closing, Tonie informed the group that the emergency psychiatric services currently being provided by CCC, would transition to A Renewed Mind on or before May 01, 2018. Tonie also stated that other services such as school-based prevention and outpatient services would also transition to ARM, along with Maumee Valley Guidance Center.
Tante Lovins	Tate announced that the application process for Fulton County United Way funding will open on 03/08/2018. All Fulton County 5013c organizations are eligible to apply.
<u>Next meeting</u>	The next Four County Suicide Prevention Coalition meeting will be held at 7:30am on March 22, 2018 at the Four County ADAMhs Board.
Minutes submitted by Tonie Long	